

It's Carnival Time
at the Community
Club & Conference
Center!

MARDI
GRAS

See the center page...



•MORALE•WELFARE & RECREATION

**Your Service Provider
throughout the Caribbean**

Directorate of Morale, Welfare and Recreation

•Mr. Freddie L. Giddens, DMWR
Director • T- 787-707-3530 • Bldg
1018-D, Buchanan Heights

DMWR Admin. Officer Ms. Debra
Chesson • T- 787-707-3135

Community & Family Activities
Program Manager, Ms. Odette C. Ortiz •
T- 787-707-2976 • Bldg 1018-C, Buchanan
Heights

NAF Support Management • Chief: Mr.
John P. Faass • T- 787-707-3069 • Bldg. 1018-C,
Buchanan Heights

Business Operations Division
• Chief: Tammy Hite • T- 787-707-3070 • Bldg.
1018-D, Buchanan Heights

Community Recreation Division • Chief:
Ms. Mary Davison • T- 787-707-3301 • Bldg.
1018-C, Buchanan Heights

Child & Youth Services • Chief: Dr.
Irma Julia T-787-707-3399 • Bldg. 1020-A
Buchanan Heights

Army Community Service •
Director: Mr. Rafael Gilestra • T- 787-
707-3292/3804 • Bldg. 1019-A, Buchanan
Heights

Marketing, Advertising & Commercial Sponsorship Staff:

Mrs. Myrna Narváez- Marketing
Supervisor

Ms. Jannette Yambó- Marketing
Assistant

Mrs. Neysa Maldonado- Illustrator
Mr. Ricardo García- Illustrator
Michelle Brown- Marketing Clerk

Produced by: MWR Marketing
Advertising & Commercial
Sponsorship

Fort Buchanan, P.R.
Reproduced by:
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**For information,
suggestions or
for commercial
advertisement
opportunities:**

MWR Marketing, Advertising &
Comm. Sponsorship
T. 787-707-3719/3711
F. 787-707-3715 or
myrna.narvaez@us.army.mil



**DMWR Employee of
the Quarter
Oct - Dec '05**

Adria Lucca from the
Army Community Service,
Relocation Readiness Office.

**DMWR Employee of
the Month, December '05**

Julio Capacetti from NAF
Support Services

The Runner-up for the month was
Evelyn Martis from School Age Services.



All persons who want access to Fort Buchanan

The Golf Course gate is open 24/7 for vehicles with DOD decals and temporary passes, all vehicles without a pass or decal for issuance and commercial vehicles during the time that the Post Exchange/Commissary gate is closed.

The Visitor Control Center is located at Bldg. 25, adjacent to the the Golf Course gate.

All vehicles without a DOD decal or temporary pass must go to the Visitor Control Center to register their vehicle. **On weekends** non-affiliated personnel may enter post without a sponsor, but they must first sign in at the VCC, Bldg. 25 located at the Golf gate. For more information please contact the MP Station at 787-707-3337.

www.buchanan.army.mil/mwr

This publication also available under the Installation's P-Drive:
Morale, Welfare & Recreation folder.

• MORALE • WELFARE & RECREATION

**Your Service Provider
throughout the Caribbean**



NEW!

Daily Lunches

At the Community Club & Conference Center

Buffet Style International Variety

Monday - Friday, 11 am - 2 pm
\$6.25 per person

- **Mondays:** Asian Specialties
- **Tuesdays:** Italian Delights
- **Wednesdays:** American Food
- **Thursdays:** Latin American Dishes
- **Friday:** Puerto Rican Favorites
- **Lighten-Up Sandwich or Wrap with Soup n' Salad \$5.75**
- **Taco Bar \$6 • Potato Bar \$4**



We are
serving you
because
you are
protecting us.



from the **PATIO**
where to go for fun!

COMMUNITY CLUB & CONFERENCE CENTER

Breakfast • Monday - Friday, 6:30- 9 am.
\$5 per person

Catering Services

• Tuesday - Friday, 9 am - 4 pm
Call 787-707-3535, x-206 for details.

Bingo Nights

• Tuesday & Thursday 6 pm (Cards sold at 5:30 pm)

Disco Variety (Free admission Thur-Fri)

Every Thursday, 4-10 pm & Friday, 4 pm - 1 am. Saturdays, 9 pm - 3 am, \$5 admission



Children's Theater

Live entertainment with clowns and puppets. Is an excellent option for a Sunday afternoon in Old San Juan's Paseo La Princesa, Arcada Terrace. Playing the third Sunday of every month from 4:00 pm to 5:00 pm.

Musical Concerts:

Reik en Concierto

Place: Centro de Bellas Artes
Luis A. Ferre Price: TBA
Date: Feb.-05-06
Tickets by Ticketpop

The Rolling Stones

Place: Coliseo de Puerto Rico
Price: \$61.00-\$386.00
Date: Feb.-11-06
Tickets by Ticketpop

Lisette en Concierto

Place: Caribe Hilton Hotel
Price: \$60.00-\$90.00
Date: Feb.-14-06
Tickets by Ticketpop

Local Events February 2006

Atardecer Romántico (Romantic Sunset)

A gathering of prominent Puerto Rican musicians, painters and other artists display the best of their work all year around. Every Sunday, from 5:30 pm. Place: Paseo La Princesa, Old San Juan.

Ricky Martin in A Night with Ricky Martin

Place: Coliseo de Puerto Rico
Price: TBA
Date: Feb.-19-06
Tickets by TBA

Juan Gabriel

Place: Caribe Hilton
Price: \$150.00-\$300.00
Date: Mar.-05-06
Tickets by Ticketpop

Serie Nuevos Virtuoso With Thomas Meglioranza, Joyce Yang & Charney Newman

Place: Centro de Bellas Artes
Luis A. Ferre Price: \$20.00
Date: Mar.-19-06
Tickets by Ticketpop

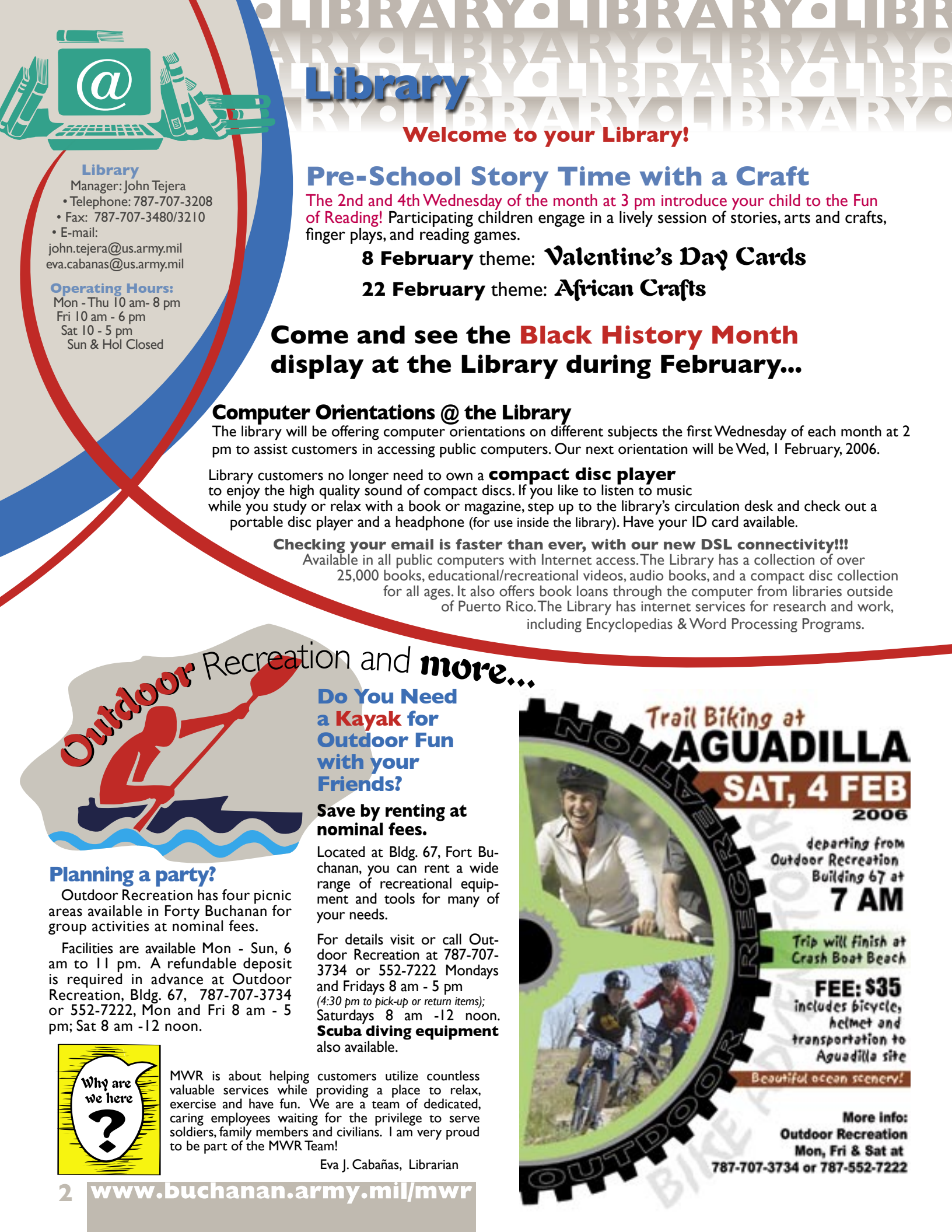
FOR MORE INFORMATION ON
LOCAL ATTRACTIONS LOG TO:
gotopuertorico.com



"MWR is here to constantly and consistently exceed the needs of our customers regardless of their status: official or unofficial status."

Mrs. Nilka Ortiz, Hotel Manager,
El Caney Lodge

www.buchanan.army.mil/mwr



Library

Welcome to your Library!

Library

Manager: John Tejera
• Telephone: 787-707-3208
• Fax: 787-707-3480/3210
• E-mail:
john.tejera@us.army.mil
eva.cabanas@us.army.mil

Operating Hours:

Mon - Thu 10 am - 8 pm
Fri 10 am - 6 pm
Sat 10 - 5 pm
Sun & Hol Closed

Pre-School Story Time with a Craft

The 2nd and 4th Wednesday of the month at 3 pm introduce your child to the Fun of Reading! Participating children engage in a lively session of stories, arts and crafts, finger plays, and reading games.

8 February theme: **Valentine's Day Cards**

22 February theme: **African Crafts**

Come and see the Black History Month display at the Library during February...

Computer Orientations @ the Library

The library will be offering computer orientations on different subjects the first Wednesday of each month at 2 pm to assist customers in accessing public computers. Our next orientation will be Wed, 1 February, 2006.

Library customers no longer need to own a **compact disc player**

to enjoy the high quality sound of compact discs. If you like to listen to music while you study or relax with a book or magazine, step up to the library's circulation desk and check out a portable disc player and a headphone (for use inside the library). Have your ID card available.

Checking your email is faster than ever, with our new DSL connectivity!!!

Available in all public computers with Internet access. The Library has a collection of over 25,000 books, educational/recreational videos, audio books, and a compact disc collection for all ages. It also offers book loans through the computer from libraries outside of Puerto Rico. The Library has internet services for research and work, including Encyclopedias & Word Processing Programs.

Outdoor Recreation and more...



Planning a party?

Outdoor Recreation has four picnic areas available in Fort Buchanan for group activities at nominal fees.

Facilities are available Mon - Sun, 6 am to 11 pm. A refundable deposit is required in advance at Outdoor Recreation, Bldg. 67, 787-707-3734 or 552-7222, Mon and Fri 8 am - 5 pm; Sat 8 am - 12 noon.

Do You Need a Kayak for Outdoor Fun with your Friends?

Save by renting at nominal fees.

Located at Bldg. 67, Fort Buchanan, you can rent a wide range of recreational equipment and tools for many of your needs.

For details visit or call Outdoor Recreation at 787-707-3734 or 552-7222 Mondays and Fridays 8 am - 5 pm (4:30 pm to pick-up or return items); Saturdays 8 am - 12 noon. **Scuba diving equipment** also available.



Trail Biking at AGUADILLA
SAT, 4 FEB 2006

departing from
Outdoor Recreation
Building 67 at
7 AM

Trip will finish at
Crash Boat Beach

FEE: \$35
includes bicycle,
helmet and
transportation to
Aguadilla site

Beautiful ocean scenery!

More info:
Outdoor Recreation
Mon, Fri & Sat at
787-707-3734 or 787-552-7222



MWR is about helping customers utilize countless valuable services while providing a place to relax, exercise and have fun. We are a team of dedicated, caring employees waiting for the privilege to serve soldiers, family members and civilians. I am very proud to be part of the MWR Team!

Eva J. Cabañas, Librarian

Sports & Fitness

World's Best 10k & Army Ten Miler Practices

Meeting at 5:30 am in front of the Fitness Center, Bldg. 167, Mondays thru Fridays. A Fort Buchanan Team will be selected among the runners that take part of these practice sessions. Selected team members will compete in the Teodoro Moscoso Bridge, PR, and the Army Ten Miler in Washington, DC.

PRESIDENT'S SOFTBALL TOURNAMENT

George Washington #1

Abraham Lincoln #15

Saturday & Sunday 11 - 12 February
Maxie Williams Field

Registration Deadline: Tuesday, 7 February
COB Fitness Center

FEES:
All Military & DoD ID Teams: Free
Federal Agencies: \$125
ID Cardholder Sponsored Teams: \$150

More info: Mr. Sanfeliz at 787-707-3277



Sports & Fitness

Director:

Luis Robles, Bldg. 1020-C
787-707-3277

luis.r.robles@us.army.mil

Fitness Center Manager:

Roberto Fernández, Bldg. 167
787-707-3767

Sports Specialist:

Juan R. Sanfeliz, Jr., 787-707-3277

Fitness Center

Hours of Operation:

Mon - Fri, 5 am - 9 pm

Sat, 8 am - 6 pm

Sun, 9 am - 5 pm

Call for Holidays
hours update.



Outdoor Body Toning Class

One hour body toning class that will be done outdoors in front of the Fitness Center, Bldg. 167. Tuesday, 7 February, 5:30 - 6:30 pm.

Basic Self Defense Class

Learn some basic self defense techniques. Thursday, 16 February, 5:30 - 6:30 pm at the Fitness Center, Bldg. 167. Come dressed to exercise.

Swiss Ball Class

This class will focus on different stretching & toning exercises using a Swiss Ball. Tuesday, 28 February, 5:30 pm at the Fitness Center, Bldg. 167.

Fitness Ongoing Programs:

Group Fitness, Aerobic Class:

Monday and Thursday 5:30 pm. 60 Mins.
Tuesdays: Body Toning Class, 5:30 pm.
For details call 787-707-3767.

Civilian Wellness Program:

DoD employees are authorized work time up to 3 days per week, 1 hour a day, for 6 consecutive months to participate (once during employee's career). Enroll at the Fitness Center, with medical certificate signed by a doctor, supervisor's authorization, and the health risk questionnaire. Details at 787-707-3767.

Spinning Class:

Tue & Thu, 5:30 am
Wednesdays, 6 pm
Mon - Thu, 12 noon & 4:30 pm
Saturdays, 10:30 am
Reserve the day before at
787-707-3767

Pick-up Basketball:

Monday thru Friday,
3:30 - 5:30 pm

Golden Age Program:

For patrons 50 years of age or over. Socialize and enjoy physical activities. Tuesdays and Thursdays from 9 - 10 am. Medical certificate required. Sign-up at the Fitness Center, 787-707-3767.



Racquetball Challenge:

Mon thru Fri • 11 am - 1 pm
Tuesdays & Thursdays 4 - 7 pm
During these hours participants sign-up to challenge the winner of preceding games. Racquetball court is open to all participants; no individual reservations made during this period. For details call 787-707-3767.



Leadership Styles Contest

What is your leadership philosophy?

"My philosophy is that leadership is the ability to influence an individual or a group to accomplish a common goal. There are various leadership styles; the three main categories are autocratic, democratic and laissez-fair. An effective leader has qualities from each of the styles and is able to adapt to different situations. A leader must be willing to listen, have a plan, and be committed to the process of continued improvement. Leaders must be empowered to make decisions that support the mission of the organization without regard to personal opinions. Leader must take responsibility during crisis. A leader must listen to the employees and show them that he or she genuinely cares. Leaders should take every opportunity to mentor and coach individuals to accept challenging tasks and provide guidance and reassurance to the individual or groups.

As a leader I use a combination of leadership styles. At times the leader needs to make decisions and inform the group. Most of the times allow the staff opportunity to provide input on what will be done. Allow the opportunity to express them and use listening skills to identify areas of concern. Address situations with specific individuals to correct behaviors. As a leader I will never place my integrity and ethical principals in question and will stand for what I believe is correct."

Who of the following MWR Leaders could be the one quoted above:

- A) Mr. James Welch B) Ms. Tammy Hite
C) Ms. Odette Ortiz D) Ms. Mara Clemente

MWR employees that work in the same division and/or for the unknown leader cannot win the prize. Prize awarded monthly to the first participant to submit the right answer.

Send your selection thru e-mail no later than
17 February to: myrna.narvaez@us.army.mil

www.buchanan.army.mil/mwr

Share
the Bike passion...
on
Valentine's Day
2 hour Indoor
Cycling Challenge

11am - 1 pm
at Fort Buchanan
Fitness Center,
Bldg. 167.

For advanced
spinners...
FREE! Reserve your
bike by calling
the day before at
787-707-3767.
Please bring your towel,
water bottle and be there
on time, spaces are limited.

**FEBRUARY
14**

MWR

Let's Play Ball...

U.S. Army
Child & Youth Services

Baseball League &
Girls Softball League
Registration
1 - 28 February '06

For boys and girls
4 - 18 years old.
Registrations at CYS Central
Registration Bldg. 1020, Buchanan
Heights, 7:30 am - 5:30 pm
Fees: Active Duty & DOD:
\$50 per child
Others: \$60 per child
Needed for registration:
birth certificate, shot records,
updated physical.
Season Opening date:
25 March, 8:30 am at
McArthur Baseball Field.
Season ends on 28 May.
**COACHES
NEEDED!**
For more
information call 787-707-3466

CARNIVAL
MARDI
GRAS

FEATURING A
BEST
COSTUME
CONTEST!

FRIDAY,
24 FEBRUARY
Community Club
& Conference
Center
5:30 - 11 pm

JAZZ
music

FOOD (a variety
sampling of seafood
& more)

PARTY
favours

Admission: \$8 PER PERSON
(For adults)
Pay at the door. For details call
787-707-3535, x-200



"It Pays to INVEST in QUALITY!"

- **CYS Chief**, Dr. Irma Julia, Tel. 787-707-3399
- **CDS Coordinator**, Ms. Carmen Dieppa, Tel. 787-707-3598/3769
- **SAS Director**, Ms. Maria Martínez, Tel. 787-707-3468/3280
- **MSP Rec. Specialist Assistant**, Isaac Cruz, Tel. 787-707-3783
- **Teen Center Rec. Spec.**, Ms. Mildred Pérez, Tel. 787-707-3826/3822
- **CLEOS**, Mr. Joseph Marton, Tel. 787-707-3432
- **Supervisor Recreation Specialist YS**, Ms. Mara Clemente, 787-707-3434
- **Sports Specialist**, Arlene Muñoz, 787-707-3466

707-KIDS

A hotline to express your concerns or alert the School Liaison Officer and the Command of issues related to our youth. A way for the community to support our youth.



Child & Youth Services

NEED SOME TIME TO GO TO THE FITNESS CENTER, PX, COMMISSARY, MEDICAL APPOINTMENT OR JUST TAKE A BREAK?

Fort Buchanan Child Development Center offers hourly services for eligible parents. Hourly services include developmental services for children that meet the needs of parents requiring short term child care on an intermittent basis. For more information contact the Central Registration Office located at Buchanan Heights #1020-A (for new enrollment) at tel. 787-707-3787 or the CDC at 787-707- 3769.

YS Baseball/ Softball Registration

1 - 28 February. Bldg. 1020-D, Buchanan Heights. POC: Arlene Muñoz, 787-707-3466

Career Launch

Workforce preparation program for teens. 27 Feb - 3 Mar, 3 - 6 pm. POC: Mildred Pérez, 787-707-3826/3822

SAS Friendship Dance

17 Feb, 3:30 - 5:30 pm, Bldg. 148. POC: Maria Martínez, 787-707-3468

Boys & Girls Clubs of America Talent Search!

All types of entertainment are welcome! The search is open to all CYS/Club members ages 6-18. CYS/Clubs will be required to verify that performers are registered members. Past acts have included singers, hoop dancers, musicians, jugglers, dancers and more!

To apply, prepare a standard VHS or DVD (other types of media will not be reviewed) of a performance to:

Child and Youth Services (CYS), Attn: Boys & Girls Clubs of America Centennial National Conference in Boston, attn: Joseph Marton, 218 Brook Street, Fort Buchanan, PR 00934

OR

Drop the video off at the Child and Youth Services (CYS) Building 1020-A, Buchanan Heights, Attn: Joseph Marton

Each tape/DVD should be clearly labeled with name, contact person, address, email, and telephone. Please indicate the names and ages of performers as well as the number of acts on each tape or disc. More than one act may be included. No additional information is needed. To qualify for auditions all tapes must be received by **Thursday, February 9, 2006.**

For those selected, Boys & Girls Clubs of America will pay for travel, housing and meals for up to six Club members.

Boys and Girls Club Youth of the Year Program

The Fort Buchanan, CYS will participate in the 2006 Youth of the Year (YOY) Program sponsored by the Reader's Digest Foundation and administered by Boys and Girls Club of America (B&GCA), the national program recognizes superior leadership skills, academic achievement, obstacles overcome and outstanding service to Boys and Girls Club youth for the Fort Buchanan (via nomination packages), Youth of the Year title. A selection process in Puerto Rico will be performed in May 2006 to select a Puerto Rico Representative. The Puerto Rico Youth of the Year representative will win a 1,000 scholarship and compete for one of five regional positions (in this case North East). Once regional winners are selected they are awarded a \$10,000 scholarship. Regional winners then compete for the national honors in Washington, DC, where the President may install the National Youth of the Year officially in a White House ceremony in September. In addition, the winner will receive a \$15,000 scholarship from Reader's Digest Foundation, sponsor of the program since its inception in 1947. The Boys and Girls Club has played an integral role in the CYS Program in Fort Buchanan for several years. The School Age Service (SAS), Middle School Program (MSP), and Teen Center are all affiliated members of the B&BCA. Deadline for application packages and video is 15 April 2006. Application Packages and Video specifications are available at Child and Youth Services (CYS), Teen Center (787) 707-3826, and Central Registration Office at (787) 707-3432 or (787) 707-KIDS.

Photo at left:

Youth at the 4-H initiation held on 13 January '06 at the Fort Buchanan Cabaña Picnic Area.



Event coming-up for March 2006

Leprechaun Fun Run

15 March, 4 pm, Pee Wee Field.

POC: Arlene Munoz, 787-707-3466

Army Community Service



Family Advocacy Program

Ways to Deal with Stress & Anger

Tue, 9, 23 February, 10 am - 12 pm at ACS Bldg. 1019, Buchanan Heights.

Parenting Class

Wed, 1, 8, & 15 February, 10 am - 12 pm at ACS Bldg. 1019, Buchanan Heights.

New Parent Support, Morning Playgroup

Thu, 2 & 16 February, 10 am - 12 pm at SAS Bldg. 148.

Teen Support Group

Tue, 7 February **Theme: "Building Self Esteem through Positive Self Talk"**

Tue, 24 February **Theme: "Bullying No More"** 3:30 - 4:30 pm at ACS Bldg. 1019, Buchanan Heights.

Communication Skills and Conflict Resolution

Tue, 21 February, 10 - 11 am at ACS Bldg. 1019, Buchanan Heights.

Victim Advocate Service

We provide support for victims of spouse, child abuse and sexual assault.

Sexual Assault Prevention & Response Program

For military personnel only.

- Awareness Trainings
- Response to victims 24 hours a day, 7 days a week.

For information please call Ms. Wilda Díaz at 787-707-3709 or wilda.diaz@us.army.mil. Emergency line 787-406-4222.

Please call FAP Educator, Ms. Carmen Rivera at 787-707-3698 for classes; for additional FAP program related information call Ms. Wilda Díaz at 787-707-3709 or wilda.diaz@us.army.mil.

Military One Source is available at no cost to you, any time of the day. We have consultants who speak Spanish. Phones are TTY/TDD accessible. En español, llame al 1-800-375-5971 TTY/TDD: 1-800-346-9188.

Online: www.militaryonesource.com
User ID: Army • Password: Onesource

EFMP Special Needs Resource Group Meeting Theme: "Breaking Free from Anxiety Disorders"

Wednesday, 21 February, 1:30 - 3:30 pm at ACS, Bldg. 1019, Buchanan Heights. For more details call Raymond Morales at 787-707-3295.

Relocation Readiness Program

Farmer's Market Trip

Thursday, 9 February 8:30 am - 12:30 pm. Via public transportation. An opportunity to find fresh produce, specialty and bargain shops.

Health Info. Tour

Friday, 10 February, 8:30 am - 12:45 pm. This is a mandatory training for all newly arrived soldiers and family members are highly encouraged to attend. A briefing from TRICARE and the Health Clinic staff from 8:30 - 9 am, followed by a drive-by tour to local hospitals and Clínica Las Américas.

Military Sponsorship

Thursday, 23 February, 1:30 am - 3:30 pm. The training provides knowledge and information on being an effective sponsor. Handouts and guidebooks make sponsorship an easy task.

Employment Readiness

How to apply for jobs at the Federal Government Workshop

Friday, 10 February, two sessions: 9:30 - 11 am/1:30 - 3 pm, at ACS, Bldg. 1019, Buchanan Heights. Registration required.

For more information visit Ms. Ivette Dávila, Employment Readiness Manager at Bldg. 1019, Buchanan Heights or call 787-707-3365/3804.

Army Volunteer Corps

Quarterly Volunteer's Recognition Activity

Thursday, 2 February, 11:00 am at ACS Bldg. 1019, Buchanan Heights.

Register and submit the name of the volunteer in your organization that specially provided time and service during the 1st Quarter FY 2006 (Oct-Dec '05)

Please contact the Army Volunteer Corps Program Manager, Ms. Ivette Dávila at 787-707-3365 to confirm your attendance.

AFTB Level II (in English)

Tuesday, 21 through Thursday 23 February, 8 am - 2 pm at ACS, Bldg. 1019, Buchanan Heights. For details call 787-707-3290.

The Army's Official website
for military families is:

myarmylifetoo.com

Army Community Service

Director:

Mr. Rafael Gilestra

Tel. 787-707-3292

rafael.gilestra@us.army.mil

• 7 am - 4:30 pm

Financial Readiness Program

Financial Classes: Planning & Budgeting Training

Wednesday, 1 February.

Borrowing Basics Training

Wednesday, 22 February.

10 - 11:30 am, classes held at ACS Bldg. 1019-D. Please call Arlene Romero at 787-707-3310 to reserve.

Soldier & Family Life Consultants

The Soldier and Family Life Consultant's role is to help you with your daily living situations related to being part of the Army Community. We offer you help and support with issues such as: separation from your loved ones, personal relationships, adjustments to new situations and family concerns, among others. Services are **FREE** and **CONFIDENTIAL**. For more information or for a consultation, please call:

Your Soldier and Family Life Consultants:

• Nina Martínez- Mondays thru Thursdays, 9 am - 5 pm, 787-685-3423, Fort Buchanan

• Vanessa Villafañe- Tuesdays and Thursdays, 9 am - 5 pm, 787-685-3425, Base Muñiz

• Norma Acevedo- Tuesdays and Thursdays, 8 am - 5 pm, 787-685-3426, Aguadilla

• Virgilio Rodríguez, Mondays & Wednesdays, 9 am - 5 pm, 787-685-3431, Juana Díaz



"I'm here to enhance the life of Soldiers and their family members by providing them with world class customer service."

Mr. Sigfredo Pérez
Mobilization &
Deployment Specialist

Coast Guard MWR Classes:

Tennis: Instructor Mr. Tomas Mora, every Friday, starting at 4 pm. Fee: \$40 per month (4 classes per month).

Aquaerobics Instructor Izzy Cirigliano, Mondays and Wednesdays, 8:30 - 9:30 am. Fee: \$40 for 8 classes. One class option: \$5 per person.

Karate: Instructor Sensei José Vázquez, Mondays & Wednesdays, 6:30 - 7:30 pm. Fees: \$40 per month for 1 student/\$50 per month for 2 students/\$60 per month for 3 students/family.

Dancing Lessons, Salsa, Merengue & more! Instructor Zuane N. Negrón, children (from 5 years) & adults are invited to participate. Fees: \$40 for 1 student/\$60 for 2 students/\$75 for 3 students/family.

For more details call **Coast Guard MWR** at **787-774-0298**

Fort Buchanan's community FLEA MARKET

Sale spaces open to Active Duty, Reserve & DoD employees. A non-ID card holder may register for vending space when sponsored by an ID card holder. \$10 FEE PER TABLE SPACE.



To reserve your space or more info call CRD Office at 787-707-3301/3778

Fort Buchanan Directory of Morale, Welfare and Recreation Activities

MWR Director, Bldg. 1018-D, Buchanan Heights • 787-707-3530 • freddie.giddens@us.army.mil • Admin Assist: osiris.fehner@us.army.mil

ARMY COMMUNITY SERVICE PROGRAMS

- **Admin./ Information & Referral** Bldg. 1019, Buchanan Heights
Tel: 787-707-3804/3948, Fax: 787-783-1490
rafael.gilestra@us.army.mil
- **Exceptional Family Member**
Tel: 787-707-3295
raymond.morales@us.army.mil
- **Relocation Readiness (& Lending Closet)**
Tel: 787-707-3697/3682, adria.lucca@us.army.mil
- **Army Volunteers Corps & Employment Readiness Programs**
Tel: 787-707-3804/3948/3365
rafael.gilestra@us.army.mil
- **Financial Readiness**
Tel: 787-707-3310
arlene.romero@us.army.mil
- **Army Emergency Relief**
Tel: 787-707-3310
arlene.romero@us.army.mil
- **Family Advocacy**
Tel: 787-707-3709
wilda.diaz@us.army.mil
- **Army Family Team Building, Army Family Action Plan & Mobilization & Deployment**
Tel: 787-707-3290
ernesto.berrios@us.army.mil

CHILD & YOUTH SERVICES

- **Administrative Office**
Bldg. 1020 A & B, Buchanan Heights
Tel: 787-707-3399 Fax: 787-707-3392
irma.julia@us.army.mil
- **Child Development Center** Bldg. 348, Las Colinas, Tel: 787-707-3598/3769
Fax: 787-707-3187
millie.m.dieppa@us.army.mil
- **Family Child Care Program**
Bldg. 1020- A, Buchanan Heights,
Tel: 787-707-3269, Fax: 787-707-3392
irma.julia@us.army.mil
- **Middle School Program**
Bldg. 1025, Buchanan Heights
Tel: 787-707-3783 Fax: 787-707-3392
- **School Age Services**
Bldg. 148, Telephone: 787-707-3280
Fax: 787-707-3376
maria.m.martinez@us.army.mil
- **Teen Center**
Bldg. 519, Tel: 787-707-3826/3822,
Fax: 787-707-3392
mildred.a.perez@us.army.mil
- **Youth Services Sports**
Bldg. 1020 D, Buchanan Heights
Tel: 787-707-3466, Fax: 787-707-3392
mara.clemente@us.army.mil
- **Community Project Officer •CLEOS**
Bldg. 1020 A, Buchanan Heights
Tel: 787-707-3432 Fax: 787-707-3392
joseph.marton@us.army.mil

BUSINESS OPERATIONS DIVISION

- **Administrative Office** Bldg. 1018-D, Buchanan Heights, Tel: 787-707-3069
Fax: 787-707-3070,
tammy.hites@us.army.mil
- **Bowling Center** Bldg. 168
Tel 787-707-3272 or 787-273-0220
(Commercial), Fax: 787- 707-3524
luis.r.torres@us.army.mil
- **Community Club & Conference Ctr.**
Bldg. 660 • Tel: 787-707-3535, Ext. 201 •
Catering: Ext. 206
Cel. 787-528-5319,
reynaldo.h.farinass@us.army.mil
- **El Caney Lodge**
Bldg. 678, Tel: 787-707-3633/3634,
Fax: 787-707-3939
nilka.milagros.ortiz@us.army.mil
- **Golf Course Complex** Bldg. 171
Tel: 787-707-3980,
Pro-shop 787-707-3852
Fax: 787-273-7233 (Commercial)
jerry.hesby@us.army.mil

NAF SUPPORT MANAGEMENT

- Bldg. 1018-C, Buchanan Heights
john.p.faass@us.army.mil
- **FMD Cable TV**, Bldg. 1022-D, Buchanan Heights •Tel: 787-707-3215 •Fax: 787-707-3551 ana.elsie.tirado@us.army.mil

COMMUNITY RECREATION DIVISION

- **Administrative Office**
Bldg. 1018-C, Buchanan Heights
Tel: 787-707-3301/3778
Fax: 787-707-2008
mary.e.davison@us.army.mil
- **Automotive Skill Center**
Bldg. 159 • Tel: 787-707-3972
stanley.a.brown@us.army.mil
- **Outdoor Recreation** Bldg. 67 •
Tel: 787-707-3734
Fax: 787-707-3416
edwin.rivera2@us.army.mil
- **Sports Program** Bldg. 1020-C
Tel: 787-707-3277 Fax: 787-707-2008
luis.r.robles@us.army.mil
- **Physical Fitness Center**
Bldg. 167, Tel: 787-707-3767
Fax: 787-707-3263
roberto.fernandez3@us.army.mil
- **Post Library**
Bldg. 518 (beside the "Banco Popular")
Tel: 787-707-3208 Fax: 787-707-3480
eva.cabanass@us.army.mil
Library Website: home.coqui.net/jtp
- **The WaterSpout** Bldg. 161
Tel: 787-707-3550
jorge.s.villalba@us.army.mil

For general information on MWR monthly or special events call 787-707-3711

Comments from the Business Operations Division Chief

What exciting times we're in and I can't think of a better place to be than Fort Buchanan. The Division is comprised of all the fun stuff; the Bowling Center, the Golf Complex, El Caney and the Community Club and Conference Center. The variety of programs and services demonstrates the diversity and expertise of the Division. The many opportunities and potential for improvement within each of the facilities will benefit our customer base - that's you!

Some of the many changes that we are excited about include the new "Zone" Sports Bar and the "C4" Cyber Café coming soon to the Community Club and Conference Center; Cosmic Bowling at the Bowling Center and the "Bunker" Sports Bar at the Golf Complex. Upcoming new programming includes movie night at the Community Club; golf instruction, club fitting and repair at the Golf Complex, updated menus at all of our facilities and the opening of the Snack Bar "Home of the Foot Long" at the Water Spout. The Division has numerous special events programmed throughout the year and we invite you join us at the **Super Bowl** or **Mardi Gras Party** or the free **DoD Show** "Matthew D & Random Tuesday" taking place this month.

It is often said that Non-Commission Officers are the "Backbone of the Army" and I like to think that Business Operations is the "Backbone of Morale, Welfare and Recreation". It takes a special kind of person to work in Business Operations - someone who is dedicated, energetic, motivated and flexible; and we are very fortunate to have such people employed within the Division. We are there serving you early in the morning till late at night, weekends and holidays. We work so that you can play! The Golf Complex opens at 5:30 in the morning for Breakfast and on Saturday nights, the Community Club and Conference Center's Disco doesn't close until three in the morning. And of course, the El Caney is open 24/7. So come join the fun, we're here for you! *"Soldiers First...Quality Programs and Services Always."*

Tammy Hite
Chief, Business Operations

Golf Course Complex

WELCOME TO OUR NEW GOLF-PRO

Mr. Earl Goins, Head Pro, joined the Golf Course Complex Staff on January '06. **Lessons** are available for \$35 per session. **Club repairs and fitting** available also upon request.

BREAKFAST



5:30 am every

Continental breakfast
or Eggs cooked to
order at the Golf Course
Complex Snack Bar.

Free Clinic

Saturday, 11 February

Children 6-12 years old: 12 - 1 pm/Adults 1:30 - 2:30 pm

Month End Madness

Friday, 24 February

Starting at 12 noon, registrations at the Pro-Shop. Fee: \$25
members/active duty, \$35 guests

Cost includes carts, greens fee, prizes and hors d'oeuvres.



Manager: Jerome Hesby
Tel. 787-707-3980 • E-mail:
jerry.hesby@us.army.mil
• Pro-shop: 787-707-3852
• Fax 787-273-7233

Golf Club Snack Bar Hours:

Starts every day at 5:
30 am.

Lunch Specials

Mon - Fri,
10:30 am - 4 pm

Pro-Shop

Specialty gifts
for
golfers

Bowling Center



Bowling Center

Manager: Luis Torres

• Tel. 787-707-2695 • 787-707-BOWL

E-mail: luis.r.torres@us.army.mil

"Comida Criolla" Lunch Combo

Local favorites.

A different entrée daily, served with tostones
or Rice & Beans and Soda for only **\$5**

Open Bowling hours:

Mon, Tue, Wed, Thu:

1 to 5:30 pm and 9 to 10 pm

Fridays, Saturdays &

Sundays: All day 2 lanes
minimum (during operating hours)

The amount of lanes available
are subject to those that are
operational.

Hours of Operation:

Snack Bar

Monday - Thursday 11 am - 9 pm

Friday 11 am to 12 midnight

Saturday 11 am to 11 pm

Sunday 10 am to 8 pm

Bar: • Free admission

Thursdays 5 - 10 pm

Fridays 5 - 11 pm

The Bowling Center will be closed on 20 February, President's Day.

www.buchanan.army.mil/mwr 9



COMMUNITY CLUB & CONFERENCE CENTER

Buffet Style Breakfast

- Monday - Friday,
6:30 - 9 am.
\$5 per person

Bingo Nights

- Tuesday & Thursday
6 pm (Cards sold at 5:30 pm)

at the Community Club & Conference Center
5 February at 6 pm



Bars will be open
with food available.

More info:

787-707-3535 xt.200

Disco Variety

Free admission Thur-Fri
Every Thursday, 4-10 pm
& Friday, 4 pm - 1 am.
Saturdays, 9 pm - 3 am,
\$5 admission Saturdays.



PRESENTS: **DOD SHOW • FREE!**

Matthew D & Random Tuesday

The Midwest's Premier Party Band



DATE Sat • 4 Feb

TIME 8 - 9:30 pm

**LOCATION Community
Club & Conference Center**

Catering Services

Office hours Tuesday thru
Friday, 9 am - 4 pm. Please
contact our caterer at
787-707-3535, x-206
for appointments or details.

